

# Exposure received – March 2015

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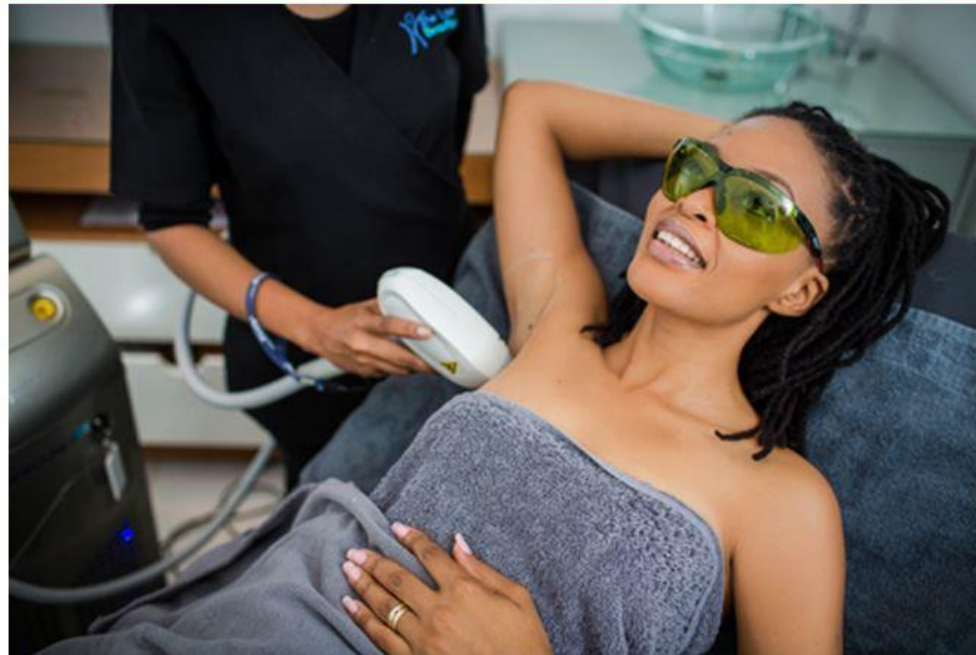
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Thursday, 12 March 2015



**Treatment name:** Infrared Laser Therapy

**What it is:** A series of Near Infrared Therapeutic Body Treatments that makes use of Diode Laser equipment to help speed up the recovery process of various body ailments. The healing power of infrared light dates back to two decades ago, where doctors and researchers in China discovered the benefits. The infrared light energy penetrates up to 8.75cm into the body where it releases nitric-oxide into the haemoglobin. Here, it delivers high levels of oxygen into the damaged cells. This process in turn stimulates the white blood cells and collagen production, while eliminating toxins and cellular waste – thus starting the healing process where pain is relieved.

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**What the laser can treat:** The great thing about this laser is that it can help a wide variety of ailments. If you suffer from any of the below you may want to consider trying it out:

- Stiff back and neck
- Bursitis
- Fibromyalgia
- Muscle spasms, sprains and strains
- Arthritis
- Carpal Tunnel syndrome
- Sciatica
- Tendonitis
- Wounds

If you just want to detoxify your body, these infrared waves from the laser have wonderful healing powers. A 30-minute session of Infrared Therapy can increase blood circulation to the treated area by 400%!

**Salon:** The Laser Beautique

**Recommended retail price:** 30 minute session - R650; 60 minute session - R1100.

**What we say:** I suffer from Bursitis and Fibromyalgia and have been told by my chiropractor to try Infrared Laser to assist me with pain relief and the healing process. I was really impressed with this treatment. All it is, is a laser that the beautician rubs back and forth against a particular area on the skin, and as it goes it gets warmer. It is not painful at all. There is no down time, just some redness on the spot because of blood circulation. I think I need to go for a few sessions before I see the proper results.

To book an appointment, give The Laser Beautique a call on 021 422 2942.

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