

Exposure received – April 2015

GET IT JOBURG WEST



Join the fun at the Adrienne Hersch Challenge

Online entries are rolling in for the Adrienne Hersch Challenge in association with The Home Channel, which takes place this Mother's Day - the 10th May.

This event is on 10 May 2015 5:00am

Organised by the Randburg Harriers Running Club and in its 32nd year, this year's race is expected to draw in excess of 5000 runners partaking in the 21km, 10km or 5km fun run and offers runners one of the last opportunities to get in a quality run before The Comrades Marathon.

For those Discovery Vitality Members trying to get their points on that elusive journey to becoming a Diamond Member, you can rack up some serious Vitality points by participating – there are 500 points for the 5km run, 1000 points for the 10km and 3000 points for the 21km race.

Prices of entry range from R30 for the 5km to R90 for the 21km event and minimum ages for participants are 9 years old for the 5km, 15 years for the 10km and 16 years for the 21km race.

Action Photographers will be on hand at the event to capture all runners during their run which can then be down-loaded free of charge. Prize-giving will take place directly after the races at 09h00 for the 10km and at 09h15 for the 21km race.

This event is not just for hardcore athletes however, and will offer a great day out for the whole family with the start/finish offering a selection of entertainment, healthy food fare, Smack Republic Craft Beer and other beverages as well as various other vendors.

Just another highlight of the day is the fact that The Laser Beautique, Northcliff will be giving each lady athlete and ladies at the event a complimentary R550 laser voucher – great for yourself or a gift for mom on mother's day! The guys don't have to feel left out as they will receive a 50% discount voucher on an infra-red laser massage – great to re-energise those tired muscles after the race."

There is also tons for the kiddies at the Adrienne Hersch Challenge, there will be a kiddies entertainment area where Funatics will provide giant inflatables, character figures and child minders.

Also to be noted is the 'Nappy Dash' which starts at 10h00, this is a fun-filled kiddy run for those budding athletes under 4 years of age (Mom and Dad can help out too of course!). There will be medals and backpacks for the first 100 littlies participating in the 'Nappy Dash' – we know how the kiddies just love their medals.

Cost of entry ranges from R35 for the Nappy Dash to R80 for the 21km – online entries can be booked at www.entrytime.com.

Pre-entries and online entry collection will be available at the venue on the 8th and 9th May between 11h00 and 16h00. Late entries will be registered on the day between 05h00 and 07h00 and will cost between R40 and R90 depending on the category.

There is no time to waste as the first 1500 entries will receive a free Adrienne Hersch Challenge T-shirt. A portion of the entry fees will be donated to the two charities of choice, The Wandsworth School for Special Needs Childred and Anne Harding Cheshire Homes.

So put the whole family's running shoes on and book now for the Adrienne Hersch Challenge. For bookings and more information, go to www.entrytime.com

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