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Health and Beauty



Near Infrared Therapeutic body treatments: The 411

12 February 2015

The Laser Beautique has launched a new series of "Near Infrared Therapeutic treatments" using cutting edge technology by way of their Diode Laser equipment to alleviate and heal various ailments at increased speed.

What is it?

The healing power of infrared waves was discovered about two decades ago in China by a team of researchers and doctors. Since the discovery, infrared waves have been happily and healthily used by tens of millions of people. Just as a body needs a healthy intake of food and water, it needs a healthy intake of infrared waves. This can be done very inefficiently through sunlight or very efficiently and beneficially through the use of infrared therapy.



How does it work?

The emitted Infrared Light energy penetrates up to 3½ inches (8.75cm) into the body, and releases nitric-oxide into the haemoglobin, stimulating micro-circulation, delivering higher levels of oxygen and nutrients to the injured cells, which stimulate white blood cells and collagen production, while eliminating toxins and cellular waste. This begins the healing process as pain is relieved.

Benefits of Infrared Laser Therapy

This infrared therapy also help to relieve stiff backs and necks, reduces swelling, and promotes a healthy immune system and can help to detoxify your body.

Infrared light therapy targets specific parts of the body with the wonderful healing powers of infrared waves.

Infrared light therapy is an effective, tested treatment for any condition characterized by pain and inflammation. Here's just a partial list of conditions that benefit from treatment:

- Arthritis
- Back pain
- Bursitis
- Carpal tunnel syndrome
- Fibromyalgia
- Muscle spasms, sprains and strains
- Neck pain
- Sciatica
- Temporomandibular joint pain (TMJ)
- Tendonitis
- Wounds

Did you know?

A 30 minute session of Infrared Therapy can increase blood circulation to the treated area by 400%!

For more information visit www.thelaserbeautique.co.za or call 0861 850 851.

Win a couple's 60 minute near infrared laser massage this month of love with The Laser Beautique