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08 Apr 2015 **1** Transform Your Skin With The Cinderella Facial

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As much as these flawless celebs try and tell us that their glowing skin is a result of "lots of exercise and plenty of water", I'm having none of it. Seriously, that's the stuff of fairy tales! While I grew up hearing the story of Cinderella and her radical transformation from the cinders to the palace, I think I need a little more than a fairy godmother to enjoy princess-perfect skin. Thankfully, magic does exist in the form of **The Laser Beautique's Cinderella Facial**.

Happily ever after for your skin is not a fairy tale, it's a choice. My Cinderella Facial (compliments of Gugu Maluka from the Fairmount Laser Beautique who is just brilliant) instantly made my skin glow ... frankly, I was ready for a royal ball. Rewind 90 minutes and my skin was run-down and I was in serious need of a skin treat. The Cinderella Facial really gets under the skin – the reward? Skin that is soft, smooth and radiant.

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What makes The Cinderella Facial unique is the combination of RégimA hydrating lotions, potions and magical Near Infrared (NIR) technology. The infrared light heats the tissue deep below the skins surface causing collagen fibres to contract, tighten and stimulate new growth, creating long term results. The bodies natural healing process also starts to produce new collagen that continues to improve the skin in the future. NIR can be used on any facial or body area and is fantastic as an anti-ageing treatment. What really blew me away is that the long term results can be found in areas such as the neck, jowls and jawline - areas that have traditionally only been treated by going under the knife. It is also useful for improving thin, crepey skin or any place where there is distinct collagen loss. I'm definitely planning to give ageing a boot and now I have all the ammo to do just that.

You should know that while the first half of this treatment is super relaxing, the second half is when your therapist will get down to business. The laser is warm, but comfortable, and the process isn't painful at all. The owner, Tzvia Hermann, uses this analogy: If you get into a hot bath straight away there will be a level of discomfort but, if you get into a warm bath and gradually add hot water, your body adjusts accordingly. This is exactly how the laser works by gradually increasing the heat. There is absolutely no downtime afterwards (you can apply your make-up straight away) and my skin had a healthy pink glow and looked fresh and firm. They call that the "Cinderella effect" - and I can definitely see why!

If you're looking for aggressive, yet gentle, pain-free anti-ageing regime – The Cinderella Facial is it! From R900 at any one of The Laser Beautique's eight clinics (Bedfordview, Centurion-Irene, Fairmount, Morningside, Northcliff, Rosebank, Woodlands-Pretoria and Gardens in Cape Town).

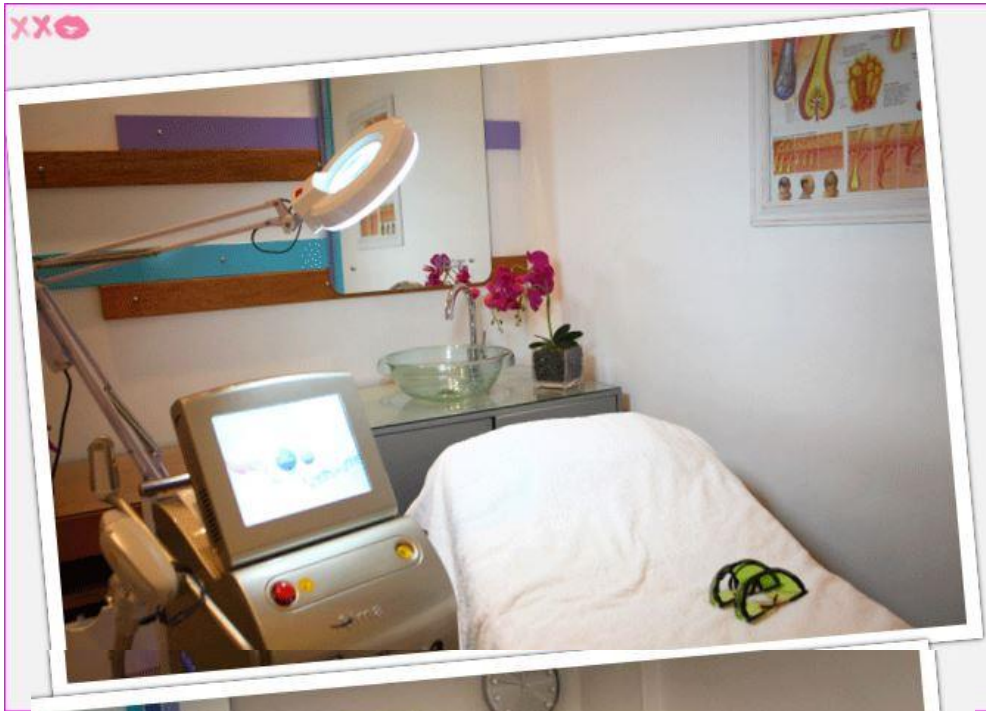
Say Hi to [The Laser Beautique](#) on Facebook.

Pamper yourself!

If you book The Cinderella Facial this month, quote the following 'turn back the hands of time' and you will receive a 50 per cent discount (one discount per person).

XXO

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Joburg's Darling Online PR (Cinderella Facial)